

Name _____

Unit Rate Project

JUMP ROPE

_____ JUMPS PER MINUTE

TANDEM JUMP ROPE

_____ JUMPS PER MINUTE

BASKETBALL FREE THROWS

_____ FREE THROWS MADE PER MINUTE

MONKEY BARS

_____ TRIPS MADE PER MINUTE

FIVE-YARD ROUTE CATCH

_____ CATCHES PER MINUTE

Record your personal and each of your classmate's data.

1. Find your unit rate for 3 minutes, 45 minutes, and one hour for each event.
2. Find the record-holder's unit rate for each event: 7 minutes, 23 minutes, and one hour.
3. How much greater (or less) was your rate for each event compared to the record-holder?